

VIVEKANANDA INSTITUTE OF INDIAN STUDIES

(A unit of Swami Vivekananda Youth Movement)

www.viis.in

www.svym.org



ANNUAL REPORT

2018-19



Programs	No.of Participants
Summer Internship Program-Allegheny College	8
Summer Studies in India - Mt.Allison University	7
Travel Course in India - Case Western Reserve University	6
Internship program - The University of Iowa	3
Global Service Learning Program - Cornell University	18
Medical Students Research Project Elective - University of Florida	2
Summer Studies in Music, Dance and Yoga - The University of Michigan	7
Global Health, Globalization & Leadership Program - University of Minnesota	8
Global Future Physician Program - University of Minnesota	20
Internship	7
Volunteering	11
Medical Student Elective Program	4
Physician Assistant Program	2
Understanding India	1165
Heritage Trail	96
Yoga	25
Music	11

PRESIDENT'S NOTE

Dear Friends,

The year 2018-19 saw Vivekananda Institute of Indian Studies continue its mission of strengthening the cultural foundations on which societal change can be effective and sustainable.

During the year, we hosted 105 students from across borders, from different foreign universities pursuing various courses. All these programs were academically quite intense, and we are happy that almost all of them produced very useful outputs, both for the students and for the partner institutions. Cultural immersion and introducing the Indian ethos was an integral part of all these courses.

Even as we aim to introduce India to the whole world, it is relevant especially in the present day that we introduce our culture and heritage to our own youngsters. One important program we started this year was the Heritage Trail, where we have attempted to reopen some forgotten pages of history by exploring important but neglected symbols of our local culture and heritage right around us. We hope this will re-instil pride in the community about these relics.

We are very happy that this year, we could reach out to over 1000 students from Indian schools and colleges through our Understanding India Program. This program has been designed to 'look ahead' and not merely bask in past glory, and thereby groom these youngsters as the answer to many of the challenges we are facing today.

We are confident that the support from all the Advisors, faculty, partners, well-wishers and students would help our programs gain further momentum.

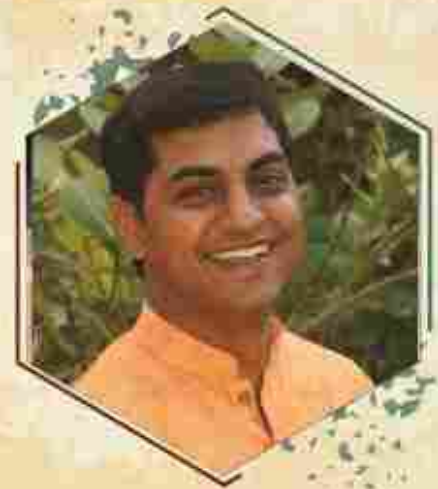
With Warm Wishes,

Dr. Seetharam

President,

Swami Vivekananda Youth Movement





Dear Friends, Partners and Well-wishers,

The year 2018-19 was an exciting journey for VIIS owing to three significant reasons.

At first, we continue to cherish the strong relationships with many of our existing partners for more than half a decade now. Second, we could establish an exciting collaboration with new partners. Third, was the response received for our new initiatives such as Understanding India and Heritage Trail for our own audience.

The year was even more interesting with the spirited involvement and engagement of students & interns at SVYM. This has not only resulted in quality outputs, but efficient work that had a direct impact on the lives of people.

We, at SVYM feel encouraged to have such excellent students with us, and look forward for more such quality programs and enduring relationships.

With warm regards,
Dr. Kumar G. S.
Chief Executive Officer,
Swami Vivekananda Youth Movement

DIRECTOR'S NOTE



Dear Friends,

It gives me immense pleasure to share the activity report of VIIS for the year 2018-19. This year we welcomed students from University of Florida for the first time for a Medical Student Research Project Elective along with our other University partners in US and Canada. We continue to eagerly look forward to work with students and University partners from other parts of the world.

We are happy to share that the Annual Event “Sulochana Pattabhiraman Utsavam” celebrated its momentous 10th year in collaboration with Swaralayam Arts Forum, Houston USA. This program pays homage to the renowned Carnatic Classical musician Smt. Sulochana Pattabhiraman by encouraging the talent of tribal students in Arts, Essay writing and those of young Carnatic classical musicians in and around Mysuru.

The highlight for this year was expanding and introducing some new programs focusing on promoting Indian culture, locally. We reached a good number of 1165 participants through our workshop series “Understanding India” which aims at creating a sense of national pride and encouraging the youth to participate in the development of our country. The new program named “Heritage trail” aims to appreciate and promote Indian cultural Heritage sites which are rarely visited. Another small step we took was promoting Yoga through regular classes at our campus for the benefit of staff and the neighborhood community.

I take this opportunity to thank all our partnering Universities, Faculty, students, well-wishers and colleagues who have been with us in this year’s journey.

Thank you,
Dr. Rekha Shanmukha
Director, VIIS

OUR ADVISORS



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GOVERNING BODY OF SVYM 2019-2020

Name of the Member	Position
Dr M R Seetharam	President
Dr Sudheer B Bangalore	Vice-President
Dr (Flt Lt) M A Balasubramanya	Secretary
Dr Deepak Murthy H J	Joint Secretary
Dr Dennis D Chauhan	Treasurer
Dr Chaithanya Prasad B	Executive Member
Dr Vivek M B	Executive Member

TEAM VIIS



Mr Ramesh,
Mr Dharmesh, Dr Rekha,
Ms Ranjitha,
and
Ms Revathi

OUR INTERNATIONAL PARTNERS THIS YEAR



VISIT TO
DURARE ELEPHANT CAMP
KUSHALNAGARA, 27-05-2018

INTERNSHIP PROGRAM IN INDIA- ALLEGHENY COLLEGE, USA

For the fifth year in a row, Allegheny College partnered with VIIS to offer internships at SVYM. Seven interns were accompanied by Prof. Juvia Heuchert, Professor of Psychology & Ms. Lucinda Morgan, Director of International Education, Allegheny College.

During the first two weeks of their stay, students opted for classroom sessions where they learnt about Indian Culture, Health care, Political & Economic scenario in India and had a brief insight about SVYM. They also visited some of the historical places in and around Mysuru which helped them connect to their classroom sessions.

The following are the projects which the students were engaged in during the internship period.

STUDENT	PROJECT	LOCATION	MENTOR
Alyson Codner	Assessment of the status of open defecation & toilet usage in the surrounding Villages & Haadis	Vivekananda Memorial Hospital Saragur	Dr Anup
Arissa Spitalny	An interactive guide for healthcare providers, families, and community members	Vivekananda Memorial Hospital	Dr Anup
Bailey Pifer	Writing Neonatal protocols and developing training modules for nurses	Vivekananda Memorial Hospital	Dr Kumar
Jevon Cooper	Public relations protocol for Social Business initiative	GRAAM	Mr Bhagavan
Rachel Montgomery	SVYM Financial Analysis	SVYM, Mysuru	Ms Savitha
Somara Mentley	Health Manual for primary health care using Ayurveda principles	Vivekananda Memorial Hospital	Dr Mohan
Maximus Levinsky	The Partnership project between Viveka Tribal Centre for Learning and Crawford Central School District in US for sharing academic, culture, environment and sustainability components.	Viveka Tribal Centre for Learning	Dr Ramkumar

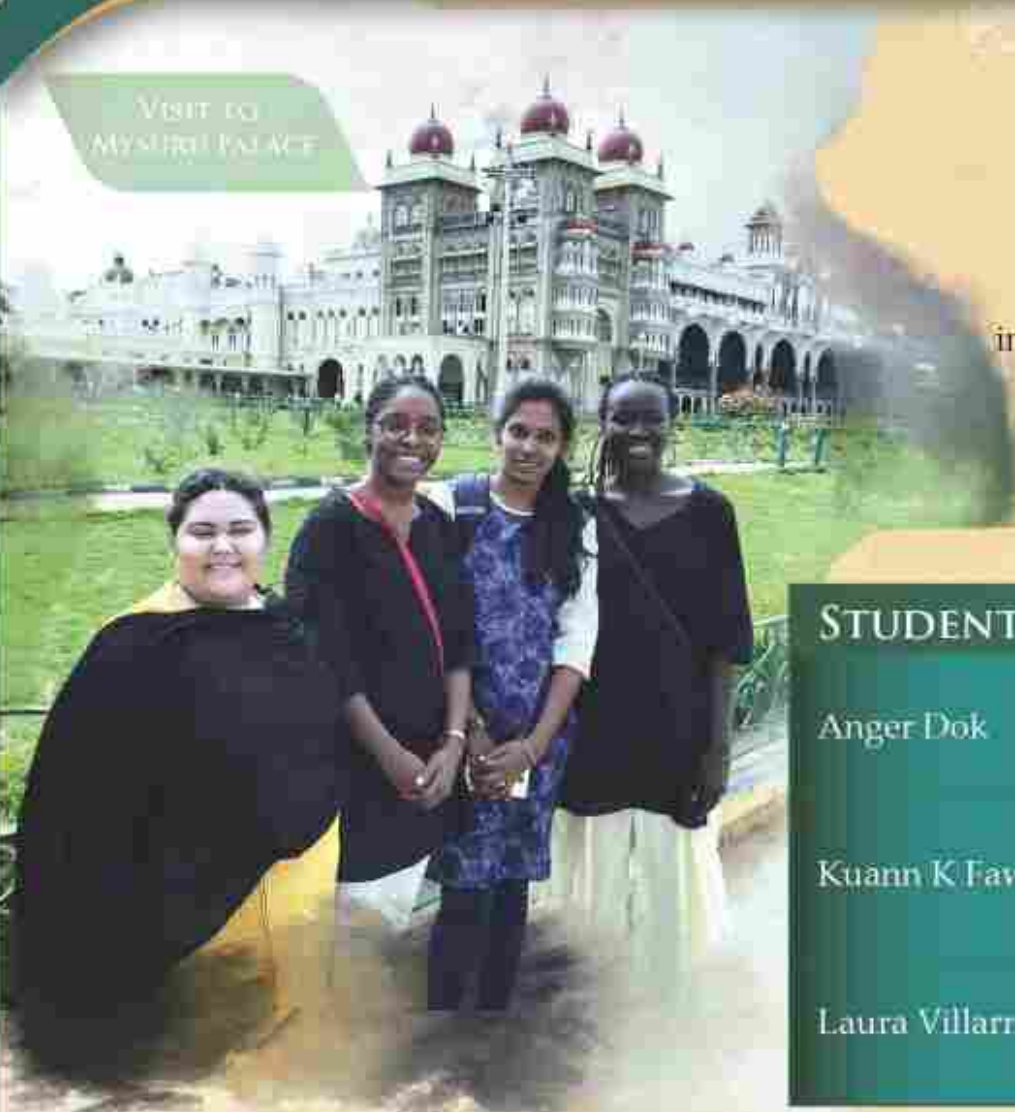


OPINION:

The program has certainly made an impact on my professional and personal life. Operating in a foreign country has opened my eyes in terms of Global Health issues as well as my own personal experiences

- JEVON COOPER

VISIT TO
MYSURU PALACE



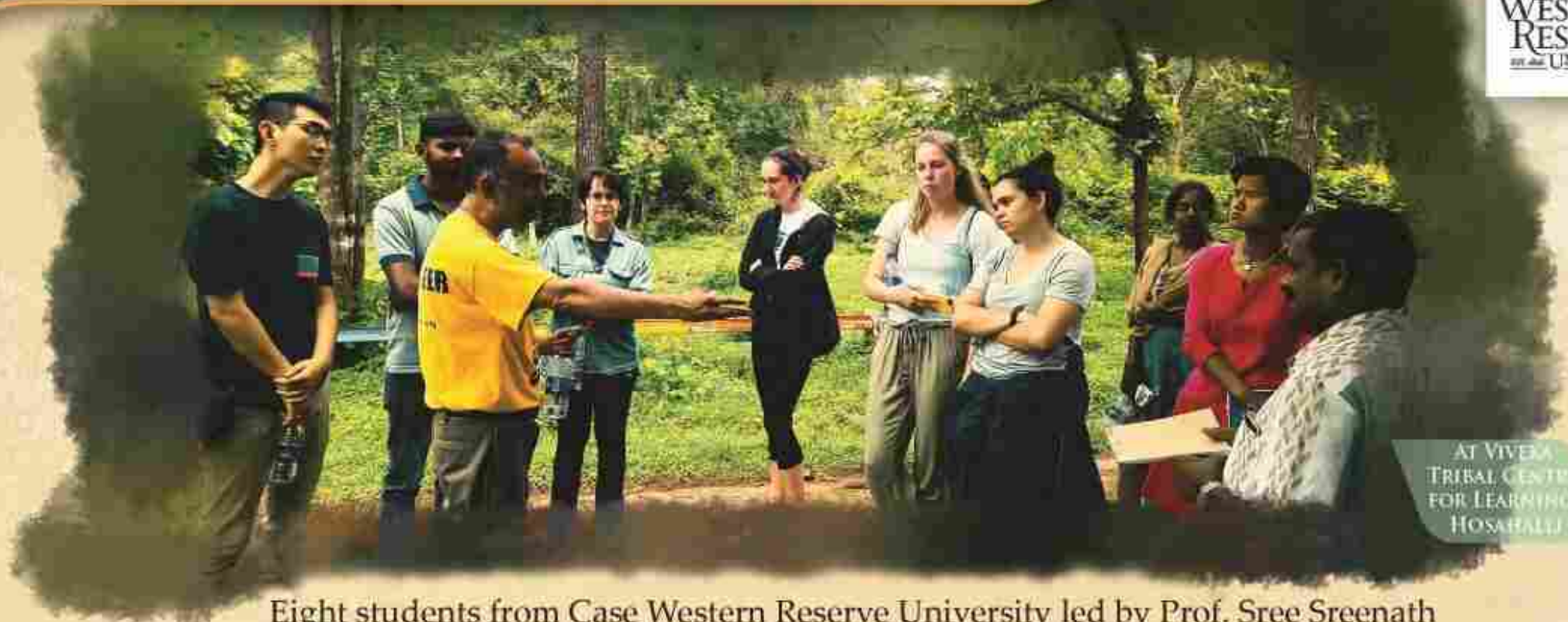
VIIIS hosted a seven week internship program for the group of three undergraduate students from The University of Iowa. The students started off by getting insights about Indian Culture and the status of Healthcare. The prevalent Political and Economic scenario in India was yet another topic of discussion during these classroom sessions. The students were involved in the following internship projects at Vivekananda Memorial Hospital, Saragur and SVYM Mysuru.

STUDENT	PROJECT	LOCATION	MENTOR
Anger Dok	Study on comparative effects of Bio Fuel & Cooking Stove	Mysuru	Mr Ramesh Kikkeri
Kuann K Fawkes	Factors influencing teenage pregnancies among tribes at VMH	Vivekananda Memorial Hospital , Saragur	Dr Anup
Laura Villarreal	Revised Mobile Health Unit Manual	Vivekananda Memorial Hospital , Saragur	Dr Anup



EXPRESSIONS:

I learned to push through and to find positive in every situation.
 I learned that research has so much background work that takes for it to be fully developed.
 I learned what route I would like to take in life. This summer I learned so much about myself
 - ANGER DOK



AT VIVEKA
TRIBAL CENTRE
FOR LEARNING,
HOSAHALLI

Eight students from Case Western Reserve University led by Prof. Sree Sreenath visited SVYM as a part of the "Travel course in India" program from May 21st to May 26th, 2018.

The students had the opportunity to learn about Indian Philosophy, Indian Epics and customs in India. They also visited SVYM centres to understand the various approaches towards development interventions in semi-urban and tribal areas and its impact on the community.



OPINION:

Very impressive culture with a whole lot of wisdom, we can learn a lot from a culture that has survived thousands of years.

-HILLARY HELLMANN



STUDENTS VISIT TO HERITAGE SITES AT HAMPI, NORTH KARNATAKA

Six students participated in the program for a duration of 7 weeks from May 21st to July 7th, 2018.

The three major courses transacted with the group included the Culture & Civilization of India, Gender in India, Science, Technology and Sustainable Development in India.

The highlight of the program was a weeklong trip to the historical and cultural sites at North Karnataka belonging to the 6th – 16th Century.

The places included Badami, Ihole, Pattadakallu, Hampi & Bijapur.

Some of the term papers written by the students by the end of the course were:

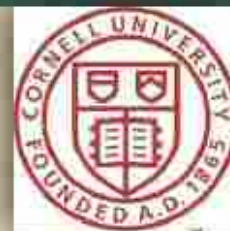
PAPER TITLE	COURSE	STUDENT
Contraceptive use and education as empowerment	Gender in India	Mary Mc Gaffey
An exploration of experiences of Hijras in India	Gender in India	Ava Sturm
Love and despair across cultures	Gender in India	Annie Wnuck
The distribution of water in a codified law context	Science, Technology and Sustainable Development in India	Julia Surprenant
Why we should not be afraid of nuclear energy	Science, Technology and Sustainable Development in India	Pengyi Huang
Cultural beliefs and social participation of women in Japan & India	Gender in India	Sakurako Goto
A very rudimentary summary on the caste system	Culture and Civilization	Julia Surprenant



REFLECTIONS:

My favorite part of this program has just been the overall environment created by all the people who I've met. Everyone cares so much, and is so willing to share which is truly humbling. It's hard not to feel at home here. Specific to the program, I really loved the effort made to engage our learning so experientially - be it with the musical cultural events or with site visits. This made the learning experience very unique and meaningful.

-AVA STURM



AT
CHAMUNDI HILLS
MYSURU
10-06-2018

VIIS hosted the Global Service Learning Program for the participants of Cornell University for the seventh year consecutively. The group of sixteen students was led by Donna Ramil, Associate Director of ILR International Programs and student services, and Ms Alexis Pollittos, a teaching assistant. The program combined academic sessions, immersion activities, and service-learning projects.

The students took up four major courses, Culture & Civilization, Gender, Health Care and Labour Economics in India. After the two weeks academic program, the students engaged themselves in the following projects within the on-going programs at SVYM and other like-minded organizations.



REFLECTIONS:

I learnt that you don't need a lot of resources to serve a community. You can accomplish a lot with passion and devotion to others, regardless of the amount of funds or resources you have

-DELANEY HO

STUDENT	PROJECT	LOCATION	MENTOR
Joanna Bernatowicz	Informative materials integrating Ayurveda and Allopathic recommendations for pre/post natal care, diabetes, and diet	Vivekananda Memorial Hospital, Saragur	Dr Abhigyna
Malikul S Muhamad	Obtaining A Global Perspective of Labor	J. Purushotham & Associates, Mysuru	Mr J Purushotham
Rona Yoon	Sensory integration therapy	Sneha Kiran Mysore Spastic Society	Dr Vinayashree
Terrill D Malone	Identifying math skills and implementing techniques to improve student learning	Sneha Kiran Mysore Spastic Society	Ms Sonia
Dustin Liu	Development of digital handbook in collaboration with science teachers for 5th to 7th grades.	Viveka Tribal Centre for Learning, Hosahalli	Mr Keshavamurthy
Stacey Blansky	Creating English games in the digital handbook	Viveka Tribal Centre for Learning	Mr Keshavamurthy
Simran Malhotra	Updating Diabetic Patient Database	Vivekananda Memorial Hospital	Dr Chaithanya

STUDENT

PROJECT

LOCATION

MENTOR

Sameer Nanda	Developing protocols and IEC materials for the hospital	Vivekananda Memorial Hospital Saragur	Dr Chaithanya
Wyndham Ermini	Impact of de-addiction services, Prerepana	Slum development project, SVYM Mysuru	Ms Fathima/ Mr Puneeth
Vanessa L. Lobo	Socio-economic Empowerment Program	Viveka Rural Livelihood Centre, Kenchanahalli	Dr Dennis
Tony Mizutani	Standard Operating Procedures for Self-Help Groups	Viveka Rural Livelihood Centre, Kenchanahalli	Dr Dennis
Delaney Ho	Fostering tribal entrepreneurship	Viveka Rural Livelihood Centre, Kenchanahalli	Dr Dennis
Rui Maki	Creating a sustainable development plan for the Targeted intervention migrant project	TI Migrant Project, SVYM Mysuru	Ms Fathima/ Mr Aravind
Nidhi Dontula	HR-Attracting pool of talent for the development sector	HR, SVYM Mysuru	Ms Cauvery
Talia Mandell	A Study on the Sexual and Reproductive Health Issues of rural migrant women	TI Migrant Project, SVYM Mysuru	Ms Fathima/ Mr Aravind



STUDENTS
PERFORMANCE
AT VIIS
ON: 25-07-2018



Six participants accompanied by Professor Stephen Rush had the opportunity to learn Carnatic classical music, Dance and Yoga in the month of June. The Summer program for the University of Michigan at VIIS facilitated the participants to appreciate Indian culture while immersing themselves into the rich musical heritage of Southern India. This unique program for the University of Michigan took wings in the year 2008. VIIS has hosted 110 students in 9 batches to date. In the current year, the students took classical music lessons from Vidushi Rajalaxmi, Vidwan Ramanujan, Vidwan Mysore A Chandan Kumar, Dr M A Jayashree, and Vidushi Kripa Phadke.

They also amazed the audience during their final Vocal, Mridangam, Yoga chanting, Flute and Bharatanatyam performances with the perfect harmony of swara, raga & taala thereby proving that music and dance have been a universal language of the art and self-expression.



IMPRESSIONS:

This program showed me how to be flexible in a state of mind, how optimism can change everything, and emphasized how kindness, purpose (Dharma) and community work together.

-DELANEY CAVANAGH



WITH
VIVEKANANDA
MEMORIAL HOSPITAL
MENTORS

VIIS ushered in a partnership with the University of Florida to host the program “Medical Student Clinical Rotation and Research Project Program at Vivekananda Memorial Hospital, an Initiative of Swami Vivekananda Youth Movement. Two students led by Dr. Gautam Kalyatanda, Assistant Professor, Division of Infectious Diseases and Global Medicine, University of Florida participated in the program which introduced the Health care system in India, besides a session on Leadership. Mr. Shavano Steadman was involved in developing and documenting the chest pain pathway and Ms. Ana Reyes developed a protocol for diagnosis and treatment for postpartum depression in the hospital.



IMPRESSION:

My greatest learning has been to adapt and truly understand what it means to be involved in global healthcare.

-ANA REYES



ಪ್ರಾಥಮಿಕ ಆರೋಗ್ಯ ಕೇಂದ್ರ
24 ಘಂಟೆ ಹೆರಿಗೆ ಸೌಲಭ್ಯ ಮೂರೆಯುತ್ತದೆ



PRIMARY
HEALTH CENTRE
KADAKOLA
01-01-2019

Eight students from the Center for Global Health and Social Responsibilities, University of Minnesota participated in Global Health, Globalisation and Leadership Program at VIIS from 29th December 2018 to 18th January 2019. The objective of the program was to help students understand health care delivery, global health and effects of globalization in the context of India. The course also discussed the significance of the Social Determinants of Health in a globalized scenario. Field experiences and a Seminar on Leadership complemented the three-week program.



EXPRESSIONS:

The greatest learning from the course was my own leadership potential. Previously I did not think of myself as having many leadership qualities but after the series, I have been equipped with the skills to further develop my leadership.

-CHELSEA RENEKLINE



ಸ್ವಾಮಿ ವಿವೇಕಾನಂದ ಯೌತ್ ಮೂವ್‌ಮೆಂಟ್ - SWAMI VIVEKANANDA YOUTH MOVEMENT



A two-week program for eighteen pre-med students of The University of Minnesota was hosted from December 31st, 2018 to January 13th, 2019. The group was led by Dr Michael Rodger Wootten & Dr Theang Ho, Faculty members at the University of Minnesota. The Pre- Health Student Resource Centre of the University of Minnesota has been partnering with VIIS for the last 8 years through this program. The objective of the program is to compare the general/ public health perspectives within India and the United States and to understand the social influences on health and medicine. Apart from the academic sessions on Health care in India, NGO's role in health care delivery, Bioethics and Medical Research to name a few, the students were taken for field visits to public and private hospitals and heritage sites.

MEDICAL STUDENT ELECTIVE PROGRAM:



VIIS as a single window for international students who wish to be associated with SVYM has been facilitating the placement of students at VMH, Saragur through the Medical Student Elective Program and Physician Assistant program. The general objectives of these programs include exposing the students to rural health care, and working with the doctors to understand community-based health programs. The following were the assignments taken up by the students during the program.

STUDENT	UNIVERSITY	PROJECT / ASSIGNMENT
Alaina Ann Studt	University of Iowa	A preliminary analysis of Tribal hamlet (Haadi) surveys and inpatient discharge data
Jeremy Sergio	University of Iowa	Updating the existing Mobile Health Unit Manual. Preparing Case studies of Palliative Care Center, Mysuru
Sraavya Narella	University of Iowa	Routine Antenatal Care Protocol
Micheal Matt	University of Pittsburgh	Case study of Neonatal hypoxic ischemic encephalopathy and developing a flyer for Bronchiolitis Management



REFLECTIONS:

I have learned a lot on this rotation about holistic care delivery here at SVYM. Medical care is well integrated with education, vocational activities, social support activities and counselling. I have also had an excellent opportunity to learn from the great physicians here at VMH. They are fantastic role models for delivering compassionate, holistic, evidence based care.

-MICHAEL MATT, UNIVERSITY OF PITTSBURGH SCHOOL OF MEDICINE

STUDENT NAME	DEPARTMENT OF CLINICAL ROTATION
Dianne Vitkus	Primary Health Care
Traver Kaylee	Primary Health Care



INTERNSHIP AND VOLUNTEERING :

SVYM as an organisation welcomes International and Indian students who have an urge to get involved in the service of the community. Here, they work as a team by combining their skills and experiences to create a positive change in the community. The details of the students who engaged with us were:



INTERNSHIP

PARTICIPANT	UNIVERSITY / PLACE/ INSTITUTION	PROJECT
Vaibhavi. S.C	Kendriya Vidyalaya, Mysuru	Classes on Culture and Civilization, Gender, Science Technology and Sustainable Development in India through the Summer program in India for Mt. Allison University.
Inchara. N	John P. Steven High school, New Jersey USA	Women empowerment in a social business unit.
Reghan Boelter	University of Utah, USA	Data analysis of the survey on the need for Palliative care in Mysuru
Jessica Valdes	University of Utah, USA	Designing a Financial Literacy course for Self Help groups and an SOP for Health camps
Gabriella Pichardo	University iberoamericana, Dominican Republic	Developed Brochure, Labels and Posters for Ayurveda Products at Viveka Rural Livelihood Centre, Kenchanahalli
Neal Anderson	University of Michigan	Mridangam Lessons
Naman Tibrewal	IGCSE Mumbai	Exposure to the Election awareness campaign, Slum development , TI Migrants and Self Help group programs of SVYM
Tavishi Devaiah	Symbiosis School, Pune	Exposure to Slum Development, Palliative care, TI Migrants, Scholars program and Capacity building training programs of SVYM
Swaroop Sayyaparaju	USA	Comparative study on the approaches to Financial systems in India and the US
Vishesh Mehta	UC Berkeley	Exposure to activities of Viveka Rural Livelihood centre, Kenchanahalli
Sneha Shiralagi	UK	Exposure to activities of Viveka School of Excellence, Sargur

VOLUNTEERS

PARTICIPANT	UNIVERSITY / PLACE	PROJECT
Dr Amarnath	Chesterfield Royal Hospital, UK	Health camps and training at VMH, Sargur
Dr Jyothi Rao	UK	Health camps and training at VMH, Sargur
Yash Ravish	GCSE UK	Digitalisation of Library at Vivekananda Memorial Hospital, Sargur
Padmini Sreedhar	University of Kansas	Low Birth weight babies in rural India
Juliana Haug	University of Arizona	Developing IEC materials for Hospital
Anika Narella	USA	Exposure to Vivekananda Memorial Hospital
Shishir Rao	Symbiosis Law School, Pune	Documentation of capacity building training programs for Self Help groups
Nirupan Gowda	Symbiosis Law School, Pune	Documentation of capacity building training program for Self Help groups
Atula Danivas	Bolton High School	A comparative observation between Vivekananda Memorial Hospital Vs. Christus St. Frances Cabrini Hospital
Ajantha Ambily	University of Surrey, UK	Quality Management and Process improvement project at Kenchanahalli

INDIA PROGRAMS: UNDERSTANDING INDIA

The Understanding India workshop intends to enlighten Indian youth about some important aesthetic, cultural, and scientific knowledge domains of India and create a sense of national pride and patriotism. With the preparatory understanding of the richness of our country, the workshop throws light on the present challenges faced by India and how the youth can contribute to the development of the country with the best of his/her capacity and capability. This year, we have reached out to around 1165 students through 8 Schools, 2 NCC Camps and 9 Colleges in and around Mysuru.

Workshop
at NCC Camp -
KSOU Mysuru,
30-08-2018





Concluding program
of Annual Sulochana
Pattabhiraman Utsavam

Swaralayam Arts Forum (SAF), Houston, USA teaming up with Swami Vivekananda Youth Movement for an annual music cultural event, Sulochana Pattabhiraman Utsavam has taken firm roots in Mysuru District. This initiative is an offshoot of the vision of Mr. Ravi Iyer, Founder Director, Swaralayam Arts Forum in paying homage to the renowned Carnatic Classical musician, Smt. Sulochana Pattabhiraman.

During this year's event, the tribal students of SVYM showcased their talent through Arts and essay writing competition. The students of Mysuru district showcased their talents in vocal and instrumental music. At the momentous occasion of the 10th year celebrations (Utsavam) the students were inspired by the fusion of music, literature and science. Vidwan K.V. Krishna Prasad an eminent Carnatic vocalist, Mr. Niranjana Nikam, Features Editor, Star of Mysore & VSS Sastry, Mathematician & Origami specialist were the featured professionals while music maestro Vidwan Rajkumar Bharathi graced the occasion as the Chief Guest.

Heritage trail on
27-02-2019

“Heritage Trail”

A new initiative of VIIS aims at providing an opportunity to people from various walks of life to visit heritage sites in Karnataka and appreciate the vibrant Indian Cultural Heritage.

VIIS conducts tours to these rare and less travelled sites and has other objectives of bringing out the heritage and cultural nuances.

Activities such as lectures, blogs, helps in bringing out historical and cultural aspects of heritage sites and monuments.

VIIS conducted three tours during the current year where 96 members participated enthusiastically in the program.





Yoga has been an inseparable part of Indian culture and heritage. Going by the adage “A healthy mind in a healthy body” , VIIS has been promoting yoga by organizing daily routine sessions and awareness programs in Mysuru. It has been a memorable occasion for both our Indian and International participants to be part of the “International Yoga Day Celebrations” at Mysuru over the years.



International Yoga Day at , Mysuru, 21-06-2019

Vidwan Manasa Nayana and Team
rendering a Carnatic Classical vocal concert
25-05-2018



Light music performance
by the students from
Raghuleela School of Music
16-06-2018



Carnatic Classical vocal concert by
Vidwan Krishna Prasad and Team
19-01-2019



Bharatanatyam
performance
by Shri Badari Divya Bhushan
and team
10-01-2019

India is so unique and diverse. The people I have met here are some of the kindest in the world.

RACHEL MONTGOMERY, ALLEGHENY COLLEGE

My impression about India is that India is a wonderful and culture filled country with so many interesting and welcoming people

TERRIL MALOV, CORNELL UNIVERSITY

The People here are so kind and respectful. There are many things to learn from the people and the culture.

VANESSA LOBO, CORNELL UNIVERSITY

India is so diverse, both in culture and people. I have learnt to see beyond my own perceptions and be comfortable in India which is beautiful and welcoming.

RONA YOON, CORNELL UNIVERSITY

India is such an incredible country. Being here has furthered my investment in this culture and life style. I have loved every moment I have spent, both in Southern and Northern India. There is so much history here, I only wish I had more time to see.

MS.JESSICA VALDES, UNIVERSITY OF UTAH

An extremely diverse and rich country filled with amazing people and natural beauty. There is always something more to learn and experience here and I cant wait to talk to others back home about all the amazing things that are in India.

-MARY MCGAFFEY, MOUNT ALLISON UNIVERSITY

India may seem chaotic, dirty or unsafe upon first glance by people who have spent no time here. I, myself, had similar belief before coming here. It's a huge country that things are bound to be true somewhere, but India is also lush, efficient and evolved. India has heavy roots in spirituality/religion, community and culture like no other place I have experienced.

-DELANEY CAVANAGH, MICHIGAN UNIVERSITY

Very friendly, warm and hospitable people. It is a colorful, vibrant and chaotic country, and I hope that I am able to come back and explore it on my own . It took a while for me to become accustomed to the slow moving lifestyle and the hectic system of transportation, but it has been a vital lesson in adaptability.

- ANA LILIAN REYES, UNIVERSITY OF FLORIDA

SVYM ACTIVITIES





*Experience is the only teacher we have.
We may talk and reason all our life but we shall not understand
a word of truth until we experience it ourselves.*

SWAMI VIVEKANANDA

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