



Vivekananda Institute of Indian Studies

(A unit of Swami Vivekananda Youth Movement)













Annual Report 2019-2020





Acknowledgement

Content: Team VIIS

Design: Ms. Ramya S, Volunteer at SVYM Mysuru



PROGRAMS AT A GLANCE 2019-2020



Dear Friends & Well-wishers,

It is our pleasure to present the annual report detailing the activities of VIIS for the year 2019-20. During the year, there were several major accomplishments and advancements. The VIIS team was able to keep up to the expectations of program participants and consistently maintained the participant satisfaction record of over 95%.

The true 'cultural exchange' could happen through the "Debate & Argumentation Workshop" organized jointly by SVYM & Cornell University. The visit of Mr. Robert Burgess, Consul General of USA in Chennai to VIIS paved way to strengthen U.S.-India relations through our programs. Successful completion of project work by students added value and enriched SVYM's programs. The programs focusing on Indian audiences were also an attempt to enhance a sense of pride and nationalism.

What was even more gratifying, was the culmination of 10 years of partnership with The University of Michigan for the "Summer Studies in Music, Dance & Yoga Program" which demonstrated that sincere and committed engagement goes a long way in enduring relationships. Our attempts & experience of using technology in some of the programs for virtual sessions has been handy in continuing our relationship and engagement with students from various Universities in the current global crisis of COVID 19.

VIIS is committed to nurturing such enduring relationships that introduce India and Indianess to the world through its quality programs and innovative approaches in the coming years.

Yours Sincerely, **Dr Kumar G S**CEO, Swami Vivekananda Youth Movement

Dear Friends,

I am very glad to share the Annual Report of VIIS activities for 2019-20, as we continue to tread with the philosophy of "Vasudhaiva Kutumbakam"- The whole world is one family. We at VIIS had the pleasure to welcome U.S. Consul General in Chennai Mr. Robert G Burgess at our campus in the month of June who carried the message of building citizen to citizen, people to people relationship with a larger goal of creating global citizenship especially in the field of cultural and educational exchange.

As a succeeding event, six girls from Mysuru participated in the International Summer Debate camp held at Cornell University, U.S.A in the month of August. These students participated and excelled in the Argumentation and Debate workshop conducted at VIIS in collaboration with ILR School Cornell University. The ILR School awarded scholarship to 6 girls who attended the International Camp.

Another feather in the cap for VIIS this year was the marking of the 10th consecutive year of partnership for the Summer Studies in Music, Dance and Yoga program hosted for The University of Michigan students. It was cherished and celebrated with Prof. Stephen Rush who has been leading this program journey. With a mission of strengthening cultural foundation among the youth, we also conducted an art workshop for school children led by Sri. Keshav Venkataraghavan, a renowned artist and cartoonist as a part of Sulochana Pattabhiraman Utsavam in the month of December. We continued to reach out to NCC cadets and college youth through our Understanding India workshop series which aims at creating a sense of National pride and encouraging the youth to participate in the development of our country.

I whole heartedly thank our partnering Universities, Faculty, students, well-wishers and my colleagues who have been part of this wonderful journey. We begin this year at a critical juncture of the changed scenario post the COVID-19 crisis, the world over, but are committed to forge ahead reflecting upon Mahatma Gandhi's message that "True education must correspond to the surrounding circumstances or it is not a healthy growth".

With Warm Wishes

Dr. Rekha Shanmukha

Director, Vivekananda Institute of Indian Studies

OUR ADVISORS







Dr. R. BalasubramaniamFounder & President, SVYM,
Founder & Chairman GRAAM,
Visiting Professor, Cornell University, USA
Visiting Professor, IIT, Delhi



Prof. Paul R. Greenough
Prof. of History, Community & Behavioural Health
Director, South Asian Studies Program,
Co Director, Global Health Studies Program,
The University of Iowa, USA



Prof. Sree N Sreenath
Professor, Electrical Engineering
& Computer Science
Case Western Reserve University, USA



Prof. M. A. Jayashree
Founder, Anantha Research Foundation,
Professor (Retd.) Dept. of Sanskrit,
D. Banumaiah's College of
Commerce & Arts, Mysuru



Dr. Mysore ManjunathAssociate Professor of Music,
University College of Fine Arts For Women,
University of Mysore, Mysuru



Prof. Donna Ramil
Associate Director of
International Programs
The ILR School, Cornell University, USA

GOVERNING BODY OF SVYM (2020-2021)

No.	Member	Position
1	Dr. R Balasubramaniam	President
2	Dr. Sudheer B Bangalore	Vice-President
3	Dr. (Flt Lt) M.A Balasubramanya	Secretary
4	Dr. Chaithanya Prasad B	Joint-Secretary
5	Dr. Vivek M.B	Treasurer
6	Dr. Chandrashekhar K.N	Executive Member
7	Dr. Rashmi Dennis Chauhan	Executive Member



From Left to Right: Mr. Dharmesha, Dr. Rekha Shanmukha, Mr. Sudarshan S, Ms. Ranjitha C.N, Ms. Bhargavi S.P, Ms. Divya G, Mr. Praveen Kumar S, Mr. Ananta N Kulkarni

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The Consul General of the United States of America Consulate in Chennai, Mr. Robert G Burgess, visited Swami Vivekananda Youth Movement (SVYM), Mysuru on 13th June 2019 to promote citizen to citizen, people-to-people relationships, with the larger goal of creating global citizens especially in the fields of cultural and educational exchange.

U.S. Consul General Mr. Robert G Burgess visits SVYM

Consul General Mr. Robert G Burgess highlighted the activities of the U.S. Consulate in India, Chennai, its role in fostering partnerships with academia in both countries, and the many opportunities that U.S. students have for pursuing their studies in India. He emphasized that people-to-people relationships, programs that connect Indian and U.S. citizens, and events where individuals can share the culture and heritage of both the countries are pivotal to building long lasting partnerships.



Summer Internship Program - 2019, Allegheny College, USA





"In admiration of dance steps" -At VSOE School, Saragur (20-05-2019)

Ms. Blair Ann Proteau & Ms. Emma Norton, the spirited twosome from Allegheny College landed at VIIS with an objective of "Understanding India" through immersion & internship for 7 weeks from 15th May to 2nd July 2019. Ms. Patricia C Rutledge, Chairperson, Dept. of Psychology and Ms. Erin Zehr, Student Teaching Assistant mentored the duo in their pursuit of learning about some aspects of Indian culture, the political/economic situation, and an overview of health care & education systems in India. Field visits to cultural sites, manufacturing industries and public health facilities helped students introspect upon the classroom deliberations.



An open session on health perspectives with

Dr. (Brig) R.S. Rajan (21-05-2019)



"The best thing about the program is the staff! Everyone is so kind and helpful. As the faculty member here with students, my primary concern is the student's well-being & adjustment. The program offered in our first 2 weeks has been quite beneficial for the students and for me as well."

Prof. Patricia C. Rutledge Allegheny College

"I feel very grateful to have had the opportunity to experience a little bit of Indian culture and to have learned about a non-Western country's perspective on health!"

Emma Norton Allegheny College





ENGAGEMENT OF STUDENTS IN PROJECTS/PROGRAMS

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STUDENT	PROJECT TITLE	PROJECT/LOCATION	MENTOR
Ms. Blair Proteau	Nutrition assessment of children in the selected slums of Mysuru	Prerepana Project Mysuru	Mr. Krishna Project Coordinator
Ms. Emma Norton	Developing education material & preparation of the Annual Report for the Reproductive & Child Health (RCH) Program of SVYM	RCH & WASH Mysuru & Bangalore	Ms. Nandini S Program Manager

Travel Course in India -2019, Case Western Reserve University, USA





Session on Leadership by Dr. R.Balasubramaniam, Founder SVYM

Sessions on Hindu mythology through narration of Indian epics, leadership in the context of development and a lecture demonstration on Carnatic classical music opened up interesting conversations and learning insights.

Empowering livelihoods...

At Prokruti Food Products, Jagankota Tribal Hamlet (20-0

At Prakruti Food Products, Jagankote Tribal Hamlet (30-05-2019)

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A week in India, but just perfect to get a feel about Indian Culture, understand NGO initiatives at Swami Vivekananda Youth Movement and a leadership perspective in the context of development.

Six students from Case Western University, USA were led by Prof. Sree Sreenath, Faculty member and Mr. Jayanth, Student Teaching Assistant to be a part of VIIS from 26th May to 31st May 2019.





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"India is so colourful and vibrant. Wherever we went, we were greeted with the most welcoming people. I'm so happy I could experience a tiny piece of the entire country and I hope one day to have the opportunity to return and explore even more."

Ms. Grace Furnas Case Western Reserve University "At first I thought that this place was hectic with people, cars, and cows everywhere. But soon I realized that it is so much more. Everyone is so welcoming and wanting to share their culture. I've learned so much about their culture from the temples to the mask protecting new homes. I've enjoyed my time here so much that I do not want to go home."

Ms. Sophia Vaccaro
Case Western Reserve University

Global Service Learning Program - 2019 Cornell University, USA



The initiative of VIIS collaborating with Cornell University to offer the "Global Service Learning Program" crossed yet another milestone of completing nine years. Seventeen students embarking on their 8 week sojourn from 01-06-2019 to 28-07-2019 was led by Ms. Donna Ramil, Associate Director of ILR International programs and student services while Ms. Joanna Bernatowicz and Mr.Terril Malone accompanied the team as Teaching Assistants.

The students took up four major courses, Culture & Civilization, Gender, Health Care and Economics in India. Enriched by 9 classroom sessions on the relevant topics, the students took field visits to the Primary health centre, Allopathy and Ayurveda hospitals, Social service organisations and a heritage tour around Mysuru.

It was celebration time too at VIIS as 4 students and one teaching assistant celebrated their birthday during the program. A cultural evening on 14-06-2019 by Vidushi Hamsa Nataraj with her captivating "Bharatanatyam" dance was 'the icing on the cake'.



Dr. R. Balasubramaniam, Founder SVYM interacting with students (12-06-2019)



"The greatest learning has been about the people and culture, the need for cultural context for health surveys & policies, learning about myself and also how to work & interact with others. Everyone here does things with intentions and in such calming manners."

Ms. Kieu Phan Cornell University

"Personally, I've gained a lot of friends and unique experiences. Professionally, I want to work internationally in rural communities & I think this gave a bit of insight to that."

Olivia Harris Cornell University







Women empowerment initiatives at Shaktidhama, Mysuru (04-06-2019)

Engagement of students in projects/programs

STUDENT	PROJECT TITLE	PROJECT/LOCATION	MENTOR
Ms. Amanda Tripodi	SVYM HR- Employee feedback survey	SVYM, Mysuru	Dr. Ravindranath M Shroff Director HR
Mr. Michael Overmeer	A report on the need for skill development in Karnataka	GRAAM, Mysuru	Dr. Ananya Samajdar Senior Research Fellow & Head, Research
As. Zasu Scott	Compilation of data on maternal health care & out of pocket expenditure	VMH, Saragur	Dr. Deepak Physician
Ms. Kieu Phan	Screening for diabetes using the Indian Diabetes Risk Score	VILD Foundation, Mysuru	Dr. M.R Seetharam Orthopaedic Surgeon & Executive Director
Mr. Steven Yeung	Creation of a digital handbook for 8th grade science curriculum	VTCL, Hosahalli	Mr. Kumar Principal
Ms. Olivia Harris	 Designing games and songs to engage students in English HR manual for Hosahalli Resource Centre 	VTCL, Hosahalli	Mr. Kumar Principal



Engagement of students in projects/programs

STUDENT	PROJECT TITLE	PROJECT/LOCATION	MENTOR
Ms. Brianna Ramos	Soft skills for people with disabilities	Sneha Kiran Mysore Spastic Society, Mysuru	Mrs. Sonia Jacob
Ms. Beth Gentsch	A report on the needs of social entitlements among migrant workers	TI migrant project, Mysuru	Ms. Sunitha Program Manager
As. Genavieve Koyn	The need to decrease industrial disputes	J. Purushotham and Associates, Mysuru	Mr. J Purushotham Senior Advocate & Legal Consultant
Ms. Leah Rosner	The need to decrease industrial disputes	J. Purushotham and Associates, Mysuru	Mr. J Purushotham Senior Advocate & Legal Consultant
Ms. Olivia Maurer	Assessing nutritional status among enrolled children at Anganwadi centres in HD Kote Taluk	Vivekananda Memorial Hospital, Saragur	Dr. Sunitha Singh Head, Medical Specialties
Ms. Emily Desmond	Assessing the Indian Public Health Standards within a random sample of PHCs and Sub-centers in H D Kote Taluk.	Vivekananda Memorial Hospital, Saragur	Dr. Sunitha Singh Head, Medical Specialties

Engagement of students in projects/programs

STUDENT	PROJECT TITLE	PROJECT/LOCATION	MENTOR
Ms. Sarah Prokop	Survey and analysis of postnatal care practices for mothers and new-borns in Saragur and H D Kote Taluks	VMH, Saragur	Dr. Abhigna Consultant Physician, Ayurveda
Ms. Kimberly St Fleur	Yoga appeal and accessibility survey	VMH, Saragur	Dr. Mohan Thambad Manager, Hospital Operations
Ms. Alena Madar	Creating awareness & develop strategies for individual & group entrepreneurs through social media & online marketing	VRLC, Kenchanahalli	Mr. Bhaskar Basu Director (Entreprise Development & Social Marketing)
Ms. Katrina Torres	Creating awareness & develop strategies for individual & group entrepreneurs through social media & online marketing	VRLC, Kenchanahalli	Mr. Bhaskar Basu Director (Entreprise Development & Social Marketing)
Ms. Hanni Wiegand	Creating awareness for marketing the tailoring unit products by designing a website.	VRLC, Kenchanahalli	Mr. Bhaskar Basu Director (Entreprise Development & Social Marketing)

ARGUMENTATION AND DEBATE WORKSHOP FOR SCHOOL GIRLS IN MYSURU, INDIA



Cornell Speech and Debate Society, ILR School and VIIS (10-06-2019 to 14-06-2019)

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The 2019 Argumentation and Debate Workshop for 9th and 10th standard girls was a five-day workshop. Led by Estefania Palacios, the Director of Outreach for the Cornell Speech and Debate Program, the workshop featured many different lessons and practice activities to expose the girls to debate. While allowing the girls to learn the craft and techniques of argumentation and debate, the workshop also exposed them to many new ideas and issues that are important in today's society.



Students involved in group discussion (12-06-2019)



"It was interesting to participate in the debate workshop because it gave me a confidence boost to speak in front of an audience. I learnt to work in teams which gave me experience as well. The workshop also made education fun, we learnt so many things through argumentation and debate"

Miss. Deeksha M.D

10th Std, Viveka School of Excellence, Saragur

"You don't get the same moment twice in life. The time I spent in Cornell, was something which I will probably experience once in a lifetime and cherish for my entire life. The amount of things I learnt there, from the coaches and from each and every one who attend that camp is enormous! The amount of things which you can learn from a single experience in indeed remarkable!"



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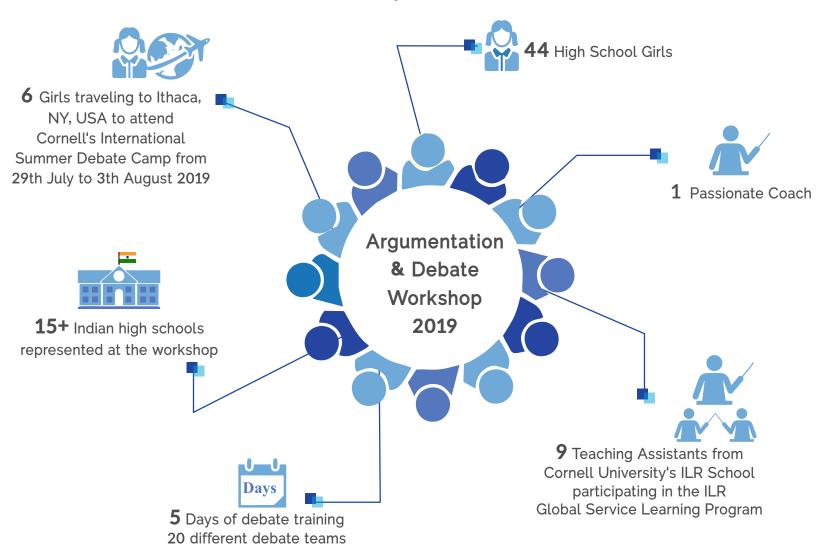
Miss. Mrudula Hamsini 10th Std, Excel Public School, Mysuru



The girls debated topics ranging from beauty standards in media, social media, reproductive health, education, women in politics and Government, and more!

During the workshop, Global Service Learning Program participants from Cornell University supported Ms. Palacios as teaching assistants and facilitated the debate activities and rounds.

Workshop's Outreach



INTERNSHIP PROGRAM 2019 THE UNIVERSITY OF IOWA





VIIS hosted 4 students for 4 weeks through this internship program from 3rd June to 26th July 2019. Led by Prof Jeanine P Abrons, Director of International Student Pharmacist activities, The University of Iowa, the students took up 4 major courses besides their immersion visits as a part of the internship. Culture & Civilization, Gender, Health Care and Economics in India were the focus areas. Visits to SVYM project sites, hospitals and some cultural sites around Mysuru provided ample scope for immersion and reflection.

In discussion with Dr. Vibha at Palliative Care Centre (07-06-2019)





"I feel like I learned a lot about working in a foreign setting and I felt that I adopted. I mean you have to try your best but I came out of this as a new person. I also learned that no matter how young or old you are, you can always learn something."

Ms. Taylor Digmann The University of Iowa "I knew that SVYM helped a lot working with the community but I don't think I really understood till I got here."

Ms. Cassandra Handley

The University of Iowa





Summer Studies in Music, Dance & Yoga The University of Michigan, USA

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Vocal performance by Prof. Stephen Rush & students (13-08-2019)



South Indian (Carnatic) classical music, dance (Bharatanatyam), Yoga beckons many across the globe. But to facilitate the nuances of learning and more so to celebrate this for a decade now through this unique programme is an honour for both VIIS and The University of Michigan.

Three students in pursuit of learning Classical music led by Prof. Stephen Rush, were hosted for 4 weeks from 21st July to 16th August 2019.

Sessions on "Leadership & the Gita", History of Yoga, and a lecture demonstration on classical music were received with rapt attention.



The University of Michigan - Summer Studies in Music, Dance & Yoga achieves a milestone...10th Year celebration (22-07-2019)

Watch Prof. Stephen Rush Interview Video



"Although, I was deeply interested in Indian classical music, my perspective about Carnatic music has changed for good after coming here over the past 10 years. This has opened my mind to new vistas towards "Fusion" music blending western classical forms too. Learning classical music in the homes of the Gurus has been a wonderful opportunity for our students."

Prof. Stephen Rush The University of Michigan

"In addition to my thoughts, I'm starting to think a lot about 'OM' and vibrations in general, and how that can really impact how I think about the sounds I make in my music and the kind of effect that is possible with them."

Mr. Cameron Blake

The University of Michigan



Global Future Physician Program 2019-20 The University of Minnesota





The "Global Future Physician Program" at VIIS for The University of Minnesota stole the limelight in January as the new year 2020 was ushered-in. The two week program for 25 pre-med students hosted from Jan 3rd to Jan 16th 2020 was led by Dr. Marcia Weimerskirch and Dr. Phillip Plager, Faculty members at The University of Minnesota. The Pre Health Student Resource Centre of The University of Minnesota has been partnering with VIIS for the last 9 years through this program with the objective of a comparative understanding of social influences on public health & medicine.

Apart from the academic sessions on the health care in India, NGO's role in health care delivery, Bioethics & research and others, the students took up field visits to public and private hospitals besides visiting some heritage sites for the "India Experience".



Visit to VSOE, a rural CBSE affliated School of SVYM at Saragur (08-01-2020)



"Thank you so much for everything. You made us feel SVYM like a second home! India is such a beautiful place filled with amazing people. The culture is so rich and I can't wait to tell people back home about how amazing it is. I cannot wait to come back! I'm going to miss India very much."

Ms. Helen Heye Walsh The University of Minnesota "It's hard to encapsulate my impressions of India without writing many pages - to keep it short my stay has been fantastic and I would love to come back to explore more of the country. The people, culture, food, and scenery has been excellent and I would not change many things about my experience here."



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Mr. Dawson Cooper The University of Minnesota

SULOCHANA PATTABHIRAMAN UTSAVAM 2019



Joint initiative of Swami Vivekananda Youth Movement & Swaralayam Arts Forum, Houston, USA

The initiative of Sulochana Pattabhiraman Utsavam is a result of Swaralayam Arts Forum's vision of promoting fine arts while paying homage to Smt. Sulochana Pattabhiraman, who was a musician par excellence. A collaborative effort of Swaralayam Arts Forum and Swami Vivekananda Youth Movement has opened up new avenues of taking music and fine arts to school children including the tribal community.

On the occasion of 11th Annual Sulochana Pattabhiram Utsavam, Vivekananda Institute of Indian Studies organised the annual music and essay writing competitions on 15-10-2019 where 30 students participated. A one day workshop on Art as a fulfilling career was conducted for 83 students from 20 schools in Mysuru including Viveka Tribal Centre for Learning, Hosahalli, HD Kote, by renowned artist & cartoonist Sri. Keshav Venkataraghavan on 11th Dec 2019.



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Young Musicians and artists displaying their talent at the Utsavam



'Understanding India' Workshops

India and the future... a presentation by Govt. College, Bilikere students (14-02-2020)



India is an ancient country with a long heritage of cultural, spiritual and economic growth. The multifarious geography as well as rich natural and human resources have contributed to the holistic growth of India down the ages. Many of these are documented in countless inscriptions, living traditions, classical literature and historical records of many kinds.

The objective of this unique workshop is to enlighten Indian youth about some aesthetic, cultural and scientific knowledge domains of India, the present challenges challenges faced by India and how the youth can contribute to the development of the country, thereby creating a sense of national pride and patriotism.

VIIS was able to reach out to 382 students through 8 workshops organized during the year 2019-20, which was a fulfilling experience for both the students and the Institutions.

Dr. M. R. Seetharam facilitating an activity session for National Cadet Corps (NCC) cadets (07-11-2019)





Batch of NCC cadets who participated in the "Understanding India workshop" (27-06-2019)

"We say India is a developing country. But, this workshop taught us how we can grow socially, economically & educationally. Also how we should take care of our environment. I whole heartedly thank VIIS for bringing such a wonderful workshop for us."

Asthma Banu, NCC Cadet Maharani's Girls College, Mysuru

"We enjoyed this workshop & learnt so many things about our country. This is one of the memorable workshops in my 10th grade school life. Thank you all."

Anusha. S

10th Grade, Anantha Geetha School, Mysuru

"This workshop inspired me to work for social development organizations rather than making money for self-satisfaction."

Jaspreet Kaur

NCC Cadet, A.S.Women College Khanna, Punjab

YOGA

International Yoga Day celebrations at Mysuru on 21st June 2019



Yoga is an invaluable gift of ancient Indian tradition. The word yoga literally means union. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature and a holistic approach to health and well-being.

India pioneered the celebration of YOGA by observing the International Yoga Day on 21st June every year. VIIS has also been in constant pursuit of imparting sessions on Yoga and facilitating our International students to be a part of the "International Yoga Day".

"By doing yoga asanas, regularly our body is filled with energy. It also has helped me to increase my immunity power."

Ms. Rashmi K.G



INTERNSHIP PROGRAM 2019-2020



SVYM internship is a period of work experience offered for a limited period of time within its initiatives in various sectors. SVYM welcomes individuals who would like to get engaged as volunteers and Interns from different parts of the country & abroad. Here, they would get an opportunity to work in the sectors of Health, Education, Socio Economic Empowerment & Training, as a team by combining skills and experiences to create positive change in the community. VIIS facilitated 5 interns and 15 volunteers during the year 2019-20.

"Not only have I had the opportunity to learn about the cultural and social aspects of India, but I have been able to witness these in everyday life of being here. I have developed knowledge increases I had never expected and listening to the stories and teachings of others has really impacted me as a person."

Ms. Maya Correa The University of Utah



Ms. Ananya Velidanda interacting with children at Orohalli, Hoskote, Bengaluru (28-05-2019)



Mr. Blaine at the Comprehensive Care,
Support & Treatment Camp for the disabled. (20-6-2019)

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"My understanding of rural and Indian health care has substantially increased. I have grown to understand the critical importance of preventative medicine, primary care, health education, maternal and child health."

Mr. Blaine Teahan
The University of Michigan

Volunteer Name: Mr. Blaine

The University of Michigan, USA

Duration: 6 weeks

Project / Program:

Developing Standard Operating Procedure (SOPs) for initiatives of Comprehensive Care, Support and Treatment for Persons with Disabilities(CCST) project.

Location: Vivekananda Memorial Hospital, Saragur Mentor: Ms. Vaani G

VOLUNTEER PROGRAM 2019-2020

VOLUNTEER(s) Info.	PROJECT/PROGRAM	LOCATION
Ms. Harshitha, Ms. B Girija, Ms. Pallela Jyothirmayee Inst. : St. Joseph's Women's College, Vizag, AP Duration: 5 weeks	Basics of writing a research proposal for public health with focus on nutrition in community health	VMH, Saragur Mentor: Dr. Padmaja Gynecologist
Ms. Maya Correa Inst.: University of Utah Duration: 10 weeks	(a) Assessment on STIs and reproductive health among women migrant workers(b) Assessment of Palliative Care patient outcomes: Patient satisfaction & improvement in quality of life	TI Migrant Proj., Mysuru Mentor: Ms. Sunitha Disg: Program Manager Palliative Care, Mysuru Mentor: Dr. Vibha S P
Ms. Ananya Velindanda Inst. : Flame University, Pune Duration: 4 weeks	Organizing health camps, spreading awareness on RCH to women at villages	RCH Program, Bengaluru Mentor: Ms. Savitha S Disg: Head SVYM
Ms. Anagha Math Inst. : Monta Vista High School, Cupertino, California Duration: 3 weeks	Preparation of educative material for hospital safety	VMH, Saragur Mentor: Dr. Chaitra Adiga Quality Manager
Ms. Rhea Ravish Inst. : Tonbridge Grammar School, Kent, UK Duration: 3 weeks	(a) SOP for Central Store Room(b) Preparing posters for dental hygiene, dental treatment and post-extraction care	VMH, Saragur Mentor: Dr. Chaitra Adiga Quality Manager
Ms. Priyanka Anand Inst. : Lynbrook High School, California, USA Duration: 3 weeks	Digitizing data for the Mobile Health Units.	VMH, Saragur Mentor: Dr. Sunitha Singh Head, Medical Specialties
Ms. Anushka Anand Inst. : Joaquin Miller Middle School, California, USA Duration: 2 weeks	Teaching science, creating posters and tutoring kids in Drama /skits	VSOE, Saragur Mentor: Ms. Divya M.C Vice Principal
Mr. Ram Rao Inst. : Woodbridge High School, Irvine, California, USA	Facilitating English classroom activities on grammar & bulletin board	VSOE, Saragur Mentor: Ms. Divya M.C Vice Principal
Ms. Shyam Rao Inst. : South Lake Middle School, Irvine, California, USA	Facilitating Mathematics classroom: Lesson Plans for Class V to VIII	VSOE, Saragur Mentor: Ms. Divya M.C Vice Principal

VOLUNTEER PROGRAM 2019-2020



"I learnt team spirit, dedication and many other life skills."

Mr. Aman Shetty, Mysuru



Dr. Chinmayee Pal, Mysuru...At the Health Camp at Lingadevara Koppalu, Mysuru (12-11-2019)

VOLUNTEER(s) Info.	PROJECT/PROGRAM	LOCATION
Mr. Aman Shetty Inst. :Vijaya Vittala PU College, Mysuru Duration: 3 weeks	Engagement with activities of Prerepana - A community development program in urban slums of Mysuru	Prerepana Proj., Mysuru Mentor: Mr. Krishna
Dr. Chinmayee Pal Place: Mysuru Duration: From 12th Nov. 2019	Conducting Health Camps and engaging with Palliative care	Palliative Care, Mysuru Mentor: Dr. Vibha S.P Physician & Technical Head
Ms. Raveena Ghanshani Inst. : University of South California	Observation and engagement with TI project and Palliative care program	V-LEAD, Mysuru Mentors: Ms. Sunitha Program Manager, TI-Migrants Project Mentors: Dr. Vibha S.P
Mr. Gopi D Inst. : Christ University, Bengaluru Duration: 5 weeks	Observation and participation in community based programs of SVYM	SVYM Sargur, Mysuru Mentors: Dr. Dennis/ Head, Community Based Program Mr. Mahadevswamy Senior Manager, VILD Foundation

VOLUNTEER PROGRAM 2019-2020

VOLUNTEER(s) Info.	PROJECT/PROGRAM	LOCATION
Ms. Neha Murthy Inst.: Carnegie Mellon University, Pennsylvania, USA Ms. Nikitha Murthy Inst.: Sharon High School, Massachusetts, USA Duration: 2 weeks	Understanding Community based programs at SVYM in Health, Education and SEEP sectors	V-LEAD, Mysuru Mentor: Divya G Co-ordinator, VIIS Mysuru
Mr. Sharath Chandra S Inst. : NIE College, Mysuru Duration: 2 weeks	Engaging in organising capacity building programs and workshops at V-LEAD	V-LEAD, Mysuru Mentor: Ms. Nandini S Program Manager, RCH Project
Ms. Megha Srivatsa Inst. : Irvington High School, California, USA Duration: 2 weeks	Depression in Diabetics - relative to treatment cost at VMH, Saragur	VMH, Saragur Mentor: Dr. Chaitanya P Physician, VMH, Saragur
Dr. Madhu Karnat S Place: Bengaluru Duration: From 8th Sept. 2019	Counselling and Psychological Assessments of patients at VMH, Saragur	VMH, Saragur Mentor: Dr. Swaminathan Physician, VMH, Saragur
Ms. Suma D Inst. : Vijaya Vittala College, Mysuru Duration: 4 weeks	Marketing products made by SHGs	VILD Foundation, Mysuru Mentor:Mr. Mahadevaswamy Senior Manager
Mr. Adarsh Raghuram Inst. : NIE College, Mysuru Duration: From 30th Sept. 2019	Conducting weekend classes for students at Ambedkar Jnanaloka, Metagalli, Mysuru	Prerepana Proj., Mysuru Mentor: Mr. Krishna Project Co-ordinator
Mr. Ramya S Place: Mysuru Duration: From 12th Oct. 2019	Designing of template of invitation, certificates, brochures, manuals, content development for social media posts and newsletters	RMT, SVYM, Mysuru Mentor: Mr. Sukrit Kalia Consultant, RMT
Ms. Aarathi Shenoy Place: Mysuru Duration: From 12th Oct. 2019	Counselling and psychological assessment of patients and patient attenders	Palliative Care, Mysuru Mentor: Dr. Vibha S.P Physician & Technical Lead
Ms. Sharanya Kaushik, Ms. Niharika, Mr. Vallabh Bhat Inst. : Bengaluru Medical College	Observation, clinical rotation and Mobile health unit visits	VMH, Saragur

CULTURAL PROGRAMS AT VIIS 2019-20



Recreating traditional art: A unique "Leather Puppet Show" was organised at VIIS on 26th July 2019. The performing artists Sri. Ramachandru and Troupe from Mandya enthralled the audience, much to the awe and surprise of the University of Michigan Team.





Shades of Abhinaya

A "Bharatanatyam" performance by Vidushi Hamsa Nataraj and her disciples was hosted at VIIS on 14th July 2019.



Amongst the distinguished audience were the Faculty and Students of Cornell University and all the participants of the Cornell debate workshop held at VIIS.

US Consul General visits SVYM to promote Global Citizenship



Mysuru, June 24-The Consul General of the United States Consulate General in Chennai, Robert G. Burgess, visited Swami Vivekananda Youth Movement (SVYM), Mysuru, recently to promote citizen-to-citizen, people-to-people relation-

velopment for the last 34 years.

SVYM has set up the Vivekananda Institute for Indian Studies (VIIS) at Mysuru with an aim of introducing India and promoting India's culture and heritage to the world. VIIS aims to expand human and social capital in orhave for pursuing their studies in India. He emphasised that people-to-people relationships, programmes that connect Indian and US citizens, connect programmes and events where individuals can share the culture and heritage of both the coup



From left) Ruthu, Mrudula, Lahari and Disha were among the six tudents selected to attend the debate camp at Cornell University

6 Mysuru girls to participate in

ಗುರುವಿನ ಸಾನ್ನಿಧ್ಯದಲ್ಲಿ ವಿದೇಶಿಗರ ಸಂಗೀತ ಕಲಿಕೆ

ನೀಡಿ ತಮ್ಮ ತಾಯ್ಯಾಡಿಗೆ ಮರಳುತ್ತಾರೆ. ಈ ಬಾರಿ ಬಂದಿರುವ ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲರೂ ಗಾಯನದಲ್ಲಿ ಆಸಕ್ತಿ ಹೊಂದಿದ್ದು, ನಿಮಷಿ ಬಿ.ಎಸ್. ರಾಜಂಕ್ಷ್ಮಿ ಅವರ ಬಳಿ ಸಂಗೀತಾಭ್ಯಾಸ

ಮಾಡಿದಾರೆ, ಪತಿವಿನ ಬೆಳಿಗೆ 100ಂದ 11,30ರವರೆಗೆ ಕಿರಿಯ ವಿದ್ಯಾರ್ಥಿಗಳು

ಸ್ತೀಥನ್ ರಷ್ ಅವರಿಗೆ ಭಾರತೀಯ ಸಂಗೀತದ ಬಗೆಗಿನ ಒಲವು 35 ವರ್ಷಗಳ ಪಿನಮ್ಮ 1984ರಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಯಾಗಿದ್ದಾಗ ಭಾರತದ ಸಂಗೀತ ವಿದ್ಯಾಂಸರು ನೀಡಿದ್ದ



ಕರ್ಮಾಟಕ ಶಾಸ್ತ್ರೀಯ ಸಂಗೀತದ ಬಗ್ಗೆ ಅಪರಿಮಿತ ಒಲವು ಹೊಂದಿರುವ, ಅಮೆರಿಕದ ಮಿಚಗನ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಪ್ರಾಧ್ಯಾಸಕ ಸ್ಟೀಫನ್ ರಷ್ ಅವರು ಕಳೆದ 11 ವರ್ಷಗಳಿಂದ ಮೈಸೂರಿಗೆ ಬಂದು

ಈ ವರ್ಷವೂ ಮೈಸೂರಿಗೆ ಬಂದಿದ್ದೆ ಅವರು, ತನ್ನೊಟ್ಟಿಗೆ ಮೊವರ

ಬೋಆಕಾತುತ್ತಿ, ಬಂಗ್ ಯೂನ್ ನೀ ಎಂಬ ಸಂಗೀತಾಸಕ್ಕ ನಿರ್ಧಾರ್ಥಿಗಳು, ಗುರು ಶಿಷ್ಣ ಪರಂಪರೆಯ ಸ್ಟೆಜ ಅನುಭವವನ್ನು ತಮ್ಮದಾಗಿ ಜೊಂಡರು. ಎರಡು ತಿಂಗಳ ರಜಾ ಅನುಭವವನ್ನು ತಮ್ಮದಾಗಿ ಜೊಂಡರು. ಅಲ್ಲದೆ, ಪಂಡಿತ್ ರವಿತಂಕರ್ ಅವರ ಸಂಗೀತ ಕಛೇರಿಗಳನ್ನೂ ಆಸ್ಕಾದಿಸಿದ್ದರಂತೆ.

"1992ರಲ್ಲಿ ಚಿನ್ನೆಗೆ ಬಂದಿದ್ದಾಗ ಶಾರದಾ ಕುಮಾರ್ ಅವರ ಪರಿಚಯವಾಯಿತು. ಅವರ ಮೂಲಕ ಜಾಗಿತ ಕಲಿಯಲು ಅರಂಭಿಸಿದೆ. 2008ರಿಂದ ಮೈಸೂರಿನ ಸ್ವಾಮಿ ವಿಜಿಪಾನಂದ ಯೂಕ್ ಮೂನ್ಮಮಂಟ್ ಸಂಸ್ಥೆಯ ಒಪನಾಟ ಬೆಳೆಯಿನ್ ಎನ್ನುತ್ತಾರೆ ಸ್ಥೀಪ್ ರಷ್.

ಭಾರತೀಯ ಸಂಗೀತದಲ್ಲಿ ಭಾವ ಮುಖ್ಯವಾಗಿರುತ್ತದೆ. ಆದರೆ, ಮಾನ್ಯವಾಗಿರುತ್ತದೆ ಅದರೆ, ಮಾನ್ಯವಾರು ಮೂರ ಸಂದಿದೆ. ಹೀಗಾಗಿ, ನನಗೆ ಭಾರತೀಯ ಸಂಗೀತ ಪ್ರಕ್ರಿ ಭಾವ, ಭಾವ, ಭಾವ, ಭಾವತಿ ಸಾಧ್ಯವೆ, ನಿರೇಶದಲ್ಲಿ ಭಾವಕ್ಕೆ ಒತ್ತು ಕಡಿಮೆ' ಎಂದು ನಿಶ್ಲೇಷಿಸುತ್ತಾರೆ. ಕರ್ನಾಟಕ ಕಾತ್ರೀಯ ಸಂಗೀತದ ವಿಷಮಣೆ ಪುರಂದರ ದಾಸರ ಕುಂತೂ ತಿಳಿದುಕೊಂಡಿದ್ದಾರೆ.

'ಪುರಂದರ ದಾಸರು ಸಾಧಾರಣ ಕೃತಿಗಳಿಂದ ಕ್ಷಿಪ್ತರರ ಕೃತಿಗಳನ್ನು ರಚನೆ ಮಾಡಿದ್ದಾರೆ. ಅವರ ಅನೇಕ ಕೀರ್ತನೆಗಳನ್ನು ಪಾಡಿದ್ದೇನೆ. ಸಾಹಿತ್ಯದ ಅರ್ಥವನ್ನು ತಿಳಿದುಕೊಳ್ಳಲು ಪ್ರಮತ್ನಿಸಿದ್ದೇನೆ. ಅವರ ಕೀರ್ತನೆಗಳು ಭಕ್ತಿ ಮಾರ್ಗದ ಮೂಲಕ ಸಮಾಜದ ಇನ್ನು ತೆರೆಸುತ್ತವೆ ಎನುಖಾರೆ.

ಸಾಹಿತ್ಯದ ಅರ್ಥ ತಿಳಿದುಕೊಂಡು ಹಾಡುವ ಸ್ವೀರ್ಫ್, ಕೃತಿ, ರಾಗ, ಹಾಳ, ಅಲಾಖಕ, ಸ್ವರ ಅಂತ ಬಗ್ಗೆ ಚಿನ್ನಾಗಿ ಅರಿತುಕೊಂಡಿದ್ದಾರೆ. ವರಲಕ್ಷ್ಮಿ ಪ್ರತದ ಬಸ ಭಾಗ್ಯದ ಅಕ್ಷಿ, ಬಾರಪ್ಪಾ, ಗೀತೆಯನ್ನು ಹಾಡಿ ಎಲ್ಲರನ್ನೂ ಮಂತ್ರಮುಗ್ರರಸ್ಕಾಗಿ ಮಾಡುತ್ತಾರೆ.

'ಬಹಳನ್ನು ಮಂದಿ ಹಾಕ್ಕಾಗಿ ಬೇರೆ ಬೇರೆ ಪ್ರಯೋಗಗಳನ್ನು ಮಾರುತ್ತದೆ. ಹಾರು ಅತ್ಯಕ್ಷ್ಮಗಾಗಿ ಈ ಸಂಗೀತ ಕಲಿಯುತ್ತದೇಕೆ ಎಂದು ಶ್ರೀಫರ್ ಹೇಳುವುದೆ, ಕಮರಾಗ ತಿಲ್ಲಗೆ ಇಲ್ಲಿಗೆ ಬರುವ 3 ತಿಂಗಳ ಹಿಂದೆಯೇ ಭಗಮ್ಯಾಕ ಓದಿತ್ತದರಂತೆ. ಭಾರತಕ್ಕೆ ಬರಲು ಭಗವಪ್ಪಿಣೆಯ ಓದಿಕ ಪ್ರದರಣೆಯೇ ಹರಣವಂತೆ. 'ಭಾರತೀಯ ಸಂಗೀತ ವಾಗ್ನೆ ಒಲವು ಇದ್ದರೂ ಇಲ್ಲಿಗೆ ಎಂದ ಏಕಿಕ,

ಸಂಗೀಪದ ಕಾರಿಕ ದೃಷ್ಟಿಕೋಣ ಬದಲಾಗುತ್ತಿದೆ. ಮುಂದೆ, ಪಾಶ್ಚಾತ್ರ ಹಾಗೂ ಕರ್ನಾಟಕ ಶಾಸ್ತ್ರೀಯ ಸಂಗೀಪವನ್ನು ಬೋಡಣೆ (ಪ್ರೂಪನ್) ಮಾಡುವುದಕ್ಕೆ ಅನುಕೂಲವಾಗಲಿದೆ. ಗುರುಗಳ ಮನೆಯಲ್ಲಿ ಕಲಿಯುವ ಅನುಭವ ಎಲ್ಲೂ ಸಿಗುವುದಲ್ಲಿ ಎಂದು ಪುಕಕಹಣೆಕೊಳ್ಳುತ್ತಾರೆ.

ಬೋಲವಾ ಖಾಷಿ, 'ಕರ್ನಾಟಕ ಶಾಷ್ಟ್ರೀಯ ಸಂಗೀತ ಕಲಿಕೆಯು ಅಧ್ಯುತ ಅನುಭವ ನೀಡಿದೆ. ಅದರಲ್ಲೂ ಗುರುವಿನ ಮನೆಗೇ ಹೋಗಿ ಕಲಿತದ್ದು ಸನಗೆ ಭಿನ್ನ ಅನುಭವ' ಎಂದರು.



am, a Vietnamese yoga exponent who is a direct disciple of the late Yoga Guru B.K.S. lyengar, performing a difficult asana.

malanandanatha Swamiji and Sir Khazi of MysI Hazarath Moulana Mohammed Usman Shariff
re on the big stage. District in-Charge Minister
I. Devegowda, Tourism Minister S.R. Mahesh,
As S.A. Ramdas, Dr. Yathindra SiddharamaiL. Nagendra, Mayor Pushpalatha Jagannath
aluk Panchayat President Kalamma Kemparailah, Karnataka Exhibition Authority Chairman
dullah, Tourism Department Managing Director
mar Pushkar, Deputy Commissioner Abhiram
Sankar. Police Commissioner K.T. Balakrishna.



A few foreigners performing the asanas.

























"All differences in this world are of degree, and not of kind, because oneness is the secret of everything."

~Swami Vivekananda



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